

Role Checklist

















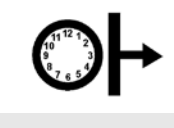







Name:










Date:



Roles.....	Tick when you had this role			Tick how important this role is to you		
	I used to do this	I am doing this now	I would like to do this	Not important	Quite important	Very important
1. Student 						
2. Worker 						

Roles ... 	I used to do this 	I am doing this now 	I would like to do this 	Not important 	Quite important 	Very important 
3. Volunteer 						
4. Looking after someone 						
5. Looking after my home 						
6. Doing things with my friend(s) 						

Roles ... 	I used to do this 	I am doing this now 	I would like to do this 	Not important 	Quite important 	Very important 
7. Doing things with my family 						
8. Doing things with my church/ mosque/ synagogue etc... 						
9. Having a hobby/hobbies 						
10. Doing things with a wider group(s) 						

Roles ... 	I used to do this 	I am doing this now 	I would like to do this 	Not important 	Quite important 	Very important 
11. Different roles...						

Summary of Role Checklist:

The most important roles to me are 	I would like to do 

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